



Background information

Adam reached out to us as he was finding it difficult to get a job and needed help. Adam also had some mental health issues which he wanted support with.



Coaching/support

After the first meet, we decided that Adam needed to develop his confidence and support him in improving his mental state before applying for roles. Adam was referred to our in-house mental health team and used the coaches there to build up the mental fortitude that he didn't have at the time.

Once he was in a better place, we contacted Adam in regards to an IT apprenticeship which he then successfully got. The apprenticeship changed everything for him and he flourished during this apprenticeship. He could see the positive outcomes that he was achieving, both in and out of work. Adam impressed his colleagues and managers so much that he was offered a second apprenticeship, in cyber security, at degree level. This is currently ongoing and Adam continues to impress.



Progression/outcome

Adam said, "The support from Ongo has improved everything for me. Now I have purpose, I have drive, I have reason. Ongo has helped me kick start a career – I know I want to continue my development and be a strong member of the cyber security community. Ongo have given me this opportunity."